



Hackensack
Meridian Health
Jersey Shore University
Medical Center

September 1, 2024

45 Years of Excellence in Continuing Dental Education

Dear Doctor,

Jersey Shore University Medical Center, in affiliation with the Monmouth-Ocean County Dental Society, is happy to announce our **2024-2025 “Mini Package”** of three continuing dental education programs. We are offering this **three-course** package to those dentists who were unable to take advantage of our great nine-course program. We are happy to invite you to become a member of our educational community. This will be our 49th consecutive year of providing the highest quality continuing dental education at the Jersey Shore. We will be presenting the three course **“Mini Package”** both **In Person** at the John K. Lloyd Amphitheater, Neptune, NJ and the Doubletree Hilton Hotel, Tinton Falls, and **Live Streamed** on the **Zoom educational platform**. You will have a choice based on space availability for the live in-person lecture.

We have a fine production team here at the hospital and all the lectures will be streamed professionally in the comfort of your home or office. You will receive full CDE credit for the Zoom lecture by ADA CERP standards. Another big plus is that you will have access to the full Zoom recording after the lecture. The three programs are described on the following pages. All the courses are full day programs, 9:00 A.M. to 4:00 P.M. This year we are looking forward to three informative programs:

Wednesday, October 16, 2024, Dr. Ann Eshenauer Spolarich,
**“WHAT’S NEW AND WHAT’S TO REVIEW: COMMONLY PRESCRIBED
MEDICATIONS AND ORAL SIDE EFFECTS. THE NEW FACE OF ADDICTION”**
Doubletree by Hilton, Tinton Falls, N.J. and Live ZOOM

Wednesday, February 12, 2025, Dr. Nate Lawson, **“MATERIALS AND TECHNIQUES TO
IMPROVE YOUR CONSERVATIVE ESTHETIC DENTISTRY ”**
JSUMC John K. Lloyd Amphitheater, Neptune, N.J. and Live ZOOM

Wednesday, May 7, 2025, Dr. Christina Blatchford, **“THRIVING IN PRIVATE PRACTICE:
ACHIEVING HIGH PROFITABILITY, LIFE/WORK BALANCE AND HAPPINESS”**
JSUMC John K. Lloyd Amphitheater, Neptune, N.J. and Live ZOOM

Our mission is to provide the highest quality continuing education at the lowest possible tuition. The tuition for all three informative, enjoyable days with your colleagues is specially priced at \$455.00. Participants will be awarded **seven (7) C.E.U. credits** per course for a total of **twenty-one (21) credit hours** for attendance at all three programs. Jersey Shore Medical Center Dental Education is an ADA CERP Recognized Provider for continuing education and an accepted Academy of General Dentistry sponsor for FAGD Credit*.

Please use the attached registration form for the three-course “**Mini Package**” by **October 11, 2024**. We are hoping you will again support this valuable and vital continuing education program. You will not find another program with this quality at these prices. We are looking forward to “seeing” you at the seminars.

Sincerely,

Paul

Paul Condello

*ADA CERP approval and recertification from 5/1/23 - 6/30/26. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at www.ada.org/goto/cerp.

*AGD PACE approval from 5/1/23 - 6/30/26. Approved PACE program Provider FAGD/MAGD Credit Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement.

Any and all statements or suggestions expressed or implied in any manner by an instructor or any other person(s) before, during, or after any educational meeting, seminar, or any other event or any program held by or associated with the Jersey Shore University Medical Center Dental Education Program (JSMC Dental Education Program) is strictly the opinion of the instructor or other person(s) and not the opinion of the JSMC Dental Education Program. The JSMC Dental Education Program does not recommend, endorse, oppose, or suggest the use of non-use of any product, modality, company reached or decision made by him or her during or after the Meeting is strictly that of the attendee and not at the direction, suggestion, or implication of the JSMC Dental Education Program, its employees, or agents.

REFUND POLICY Refunds will be issued for all cancellations received one week prior to the start of the course. Refund requests must be received by postal mail, email or fax.

“No shows” are subject to the full course tuition and no refunds will be issued once the conference has started.

WEDNESDAY, OCTOBER 16, 2024 DOUBLETREE BY HILTON, TINTON FALLS NJ
(LIVE ZOOM AVAILABILITY)

**“What’s New and What’s to Review:
Commonly Prescribed Medications
Managing the Oral Side Effects of Medication Use
and The New Face of Addiction”**

Ann Eshenaur Spolarich, PhD

This course will satisfy your requirement of three hours of continuing education in pharmacology and internal medicine

COURSE DESCRIPTION: All dental professionals encounter patients with complex medical histories who take multiple medications, many of which have oral complications and drug interactions of significance to dentistry. The purpose of this course is to provide clinicians with practical guidance about the information needed to support decision- making with treating medicated, medically complex dental patients safely. Commonly prescribed medications, including their indications/contraindications and relevant systemic and oral side effects will be reviewed. Other topics include drug interactions of significance to dentistry, warnings and precautions associated with drugs used in dentistry, and dental considerations with popular herbal and dietary supplements. There will also be a review of risk factors for polypharmacy, health risks associated with medication complexity, and strategies to improve collaborative care communications between patients and dental and medical providers to reduce the likelihood of medication errors.

LEARNING OBJECTIVES:

Upon completion of this continuing education course, the participant will be able to:

1. Identify and discuss commonly prescribed medications taken by patients treated in the oral health care setting.
2. Discuss the oral side effects and other adverse events associated with commonly prescribed medications.
3. Identify common drug interactions of significance to dental professionals.
4. Identify risk factors for polypharmacy and polyherbacy.
5. Describe health risks associated with medical complexity and polypharmacy.
6. Discuss potential benefits and harms associated with the use of vitamins and minerals.
7. Discuss drug/dietary supplement interactions of significance to dentistry.

“The New Face of Addiction”

This course will also examine the widespread problem of substance abuse and addiction among older adults. Elderly adults present with higher risks for cancer, infections and infectious diseases due to past and continued use of alcohol, tobacco and illicit drugs. ethnicity and all age groups. The 2024 guidelines for dental pain management in older adults, medications used for opioid use disorder, and strategies for how to safely manage these patients in the dental setting will be discussed.

LEARNING OBJECTIVES:

1. Review the new 2024 ADA clinical pain management guidelines.
2. Identify substances that are commonly abused by elderly individuals.
3. Identify strategies that can be used to reduce oral and systemic disease risks among elderly individuals with a history of substance abuse.
4. Discuss risk factors, associated symptoms, and treatment options for opioid use disorder (OUD).
5. Review medications for addiction treatment (MAT) with associated dental considerations when managing patients who use these therapies for substance use disorders.

This course will satisfy three hours of the Opioid MATE continuing education requirement.

Ann Eshenaur Spolarich, PhD is an internationally recognized author and speaker on pharmacology and the care of medically complex patients. She has presented over 1,100 invited lectures and has over 125 professional publications. Dr. Spolarich received her certificate in dental hygiene from the University of Pennsylvania, School of Dental Medicine and her bachelor's degree (summa cum laude) from Thomas Jefferson University in Philadelphia. She holds both a Master of Science in Dental Hygiene and a PhD in Physiology from the University of Maryland at Baltimore. In 2016, she received fellowship status in special care dental hygiene, awarded by the Special Care Dentistry Association. She is Professor, Course Director of Pharmacology, and Assistant Dean for Research at the Arizona School of Dentistry & Oral Health, A.T. Still University (ATSU), where she teaches part-time in the Special Care Clinic. Ann is also a faculty member in the NYU Langone AEGD residency program at ATSU. Ann received the Education Award in 2021 from the Special Care Dentistry Association. Ann currently serves as Vice-President of the Arizona Section of the American Association for Dental, Oral and Craniofacial Research (AADOCR) and President of the Oral Health Group for the International Association for Dental Research (IADR).

WEDNESDAY, FEBRUARY 12, 2025 JSUMC LLOYD AMPHITHEATER, Neptune, NJ
(LIVE ZOOM AVAILABILITY)

**“MATERIALS AND TECHNIQUES TO IMPROVE YOUR
CONSERVATIVE ESTHETIC DENTISTRY”**

Nate Lawson, DMD, PhD

Our goal as dental professionals should be to maximize the lifetime of our patients' dentition. Every time tooth structure must be removed with a handpiece, the lifetime of that tooth is reduced. Conservative dentistry aims to remove as little tooth as possible during restorative procedures in order to better extend the lifetime of each tooth. Adhesive dentistry helps us achieve this goal. Adhesive dentistry allows us to bond to tooth structure such that minimally invasive preparations may be performed. The goal of this course is to discuss conservative treatment options as well as the materials and techniques used to perform these treatments. For direct restorations, diagnosis, isolation, caries removal, cavity preparation, use of liner, matrix and wedge placement, bonding technique, composite placement, and finishing and polishing will all be reviewed. For indirect restorations, this course will discuss how to select, handle and bond contemporary dental ceramic materials. The presentation will be based on current evidence collected at the UAB School of Dentistry as well as the current literature, however, the information will focus on tips that can be applied directly in the dental clinic.

Course objectives:

1. Discuss treatment guidelines for interproximal caries and caries removal endpoints.
2. Discover materials and techniques to promote a long-lasting adhesive bond and create a well-adapted restoration.
3. Analyze matrix utilization and contouring instruments to achieve a tight and well-contoured contact.
4. Review the different types of dental ceramic materials
5. Choosing a ceramic material for anterior restorations
6. Preparation and design considerations for posterior crowns and bridges
7. Strategies to adjust, polish and cut off ceramic crowns
8. Review the indications for bonding dental ceramics

9. Present a protocol for preparing the surface of ceramic crowns (i.e. etching, sandblasting, priming, cleaning)
10. Classify the types of cements used for adhesive bonding

Nathaniel Lawson, DMD, PhD is the Director of the Division of Biomaterials at the University of Alabama at Birmingham School of Dentistry and the Program Director of the Biomaterials Residency Program. He graduated from UAB School of Dentistry in 2011 and obtained his PhD in Biomedical Engineering in 2012. His research interests are the mechanical, optical, and biologic properties of dental materials and clinical evaluation of new dental materials. He has published over 200 peer reviewed articles, book chapters, and research abstracts. He was the 2016 recipient of the Stanford New Investigator Award and the 2017 Innovative Research Fellowship both from the American Dental Association. He served on the American Dental Association Council of Scientific Affairs and is on the editorial board of The Journal of Adhesive Dentistry and Compendium. He has lectured nationally and internationally on the subject of dental materials. He also works as a general dentist in the UAB Faculty Practice.

WEDNESDAY, MAY 7, 2025 JSUMC LLOYD AMPHITHEATER, Neptune, NJ
(LIVE ZOOM AVAILABILITY)

“THRIVING IN PRIVATE PRACTICE: ACHIEVING HIGH PROFITABILITY, LIFE/WORK BALANCE AND HAPPINESS”

Christina Blatchford, DMD

Course Description: Achieving high profitability, life/work balance, and happiness. This enlightening lecture is tailored for those eager to elevate their game. Discover proven strategies for visionary leadership, efficient time management, goal attainment, strategic block booking, and compelling case presentation. Elevate your practice and career trajectory.

Objectives:

- Vision and Purpose
- Leadership
- Time maximization
- Goal setting and achieving
- Block Booking
- Case presentation

Defined Objectives:

- Vision and Purpose: Define and articulate a clear vision and purpose for individual or organizational endeavors, fostering alignment and direction.
- Leadership: Develop effective leadership skills to inspire and guide teams towards achieving common goals and objectives.
- Time Maximization: Implement strategies and techniques to maximize productivity and efficiency, optimizing the use of time and resources.
- Goal Setting and Achieving: Establish SMART (Specific, Measurable, Achievable, Relevant, Time-bound) goals and create actionable plans to successfully achieve them.
- Block Booking: Utilize block booking techniques to streamline scheduling and enhance productivity, ensuring efficient use of time and resources.
- Case Presentation: Enhance communication skills to effectively find out what it is patients truly WANT.
- Develop presentation techniques to ensure treatment is rendered.

Christina Blatchford, DMD, is a strong voice in dentistry for profitability, and she places a special emphasis on mastering sales conversations. She and her father, Bill Blatchford, DDS, are dentists' advocates for more net return, more time away from the office, and increased enjoyment of life. She graduated from Oregon Health & Science University Dental School in 2009 and practices in Milwaukie, Oregon. For more than 35 years, Blatchford Solutions has helped thousands of doctors achieve practice success. In her custom coaching program, Dr. Blatchford works personally with the dentist, spouse, and team to achieve their dream practice.

JERSEY SHORE UNIVERSITY MEDICAL CENTER

2024-2025 CONTINUING DENTAL EDUCATION PROGRAM

**Application for J.S.U.M.C. Three Course “Mini Package” of Continuing
Dental Education**

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE NO. _____ AGD # _____

E-mail address ***required _____

Attendance Preference: Live _____ Zoom _____

- ENCLOSURE: 455.00 by check payable to J.S.M.C. DENTAL EDUCATION
- CHARGE TO: ___ VISA ___ MASTERCARD ___ AM. EXPRESS

Acct. No. : _____

Exp. Date: _____

Signature: _____

Please mail check or credit card information with this registration form to:

**Paul J. Condello, DMD
Jersey Shore Medical Center Dental Education
P.O. Box 667
Neptune, N.J. 07754
(732) 869-5734**

Please register by OCTOBER 11, 2024. Thank You Very Much